

## DEVICE FOR THE CONTROLLED INHALATION OF THERAPEUTIC AEROSOLS

### Field of the invention

- 5 [1] The present invention relates to a device and a method for the controlled inhalation of therapeutic aerosols and in particular for the individual dosimetry of inhaleable aerosols.

### Background of the invention

- 10 [2] In the inhalation of drugs in form of aerosols, several factors are of importance for the deposition of the active ingredient in the lung. The deposition of the active ingredient in the lung depends on the particle properties of the active ingredient to be inhaled, such as the particle size, electric charge and hygroscopicity, the inhalation velocity (i.e. respiratory flow) of the patient and the inhalation depth (i.e. tidal volume) of a breath of the patient to be treated.

- 15 [3] In various drugs which are to be inhaled in form of aerosols, the amount of inhaled active ingredient has to be given in extremely accurate doses since any overdose could be critical to the patient. In case of conventional inhalation methods, the particle size is adapted to the drug to be administered. However, the patient's breathing pattern is not controlled in any way so that the individual dosage may vary strongly. In case of weak breathing (shallow, rapid respiration), the inhaled drug falls short of the recommended dose, whereas heavy breathing (deep, slow respiration) results in an overdose.

- 20 [4] EP-B-0 587 380 describes a drug delivery arrangement that recognizes an inhalation and administers the drug only during an inhalation phase of the breathing cycle while the patient is free to breathe as he likes. This freedom, however, varies from patient to patient, so that the dosages vary considerably. EP-A-0 965 355

describes a controlled inhalator with a predetermined aerosol volume and a limitation of the respiratory flow. In this inhalator, the respiratory flow and the tidal volume are adjusted within certain limits. However, as a mass product, this inhalator cannot be adapted to the concrete requirements as to the pulmonary function of a specific individual. The parameters adjusted for the tidal volume and the respiratory flow are acceptable for the majority of patients, however, the drug administration for the individual patient is not optimal.

[5] Therefore, the following problems occur in practice:

1. Many very obstructive patients are no longer capable of developing the necessary respiratory flow which they would, however, have to develop for an optimal aerosol application;
2. Many of these patients have only very restricted tidal volumes, above all patients with pulmonary emphysema or patients with very small lung volumes;
3. Every patient inhales at a different rate and with a different volume so that the drug dosage within the lung varies widely.

[6] It is the object of the present invention to provide an improved device for a controlled inhalation of therapeutic aerosols.

### **Drawings**

[7] FIG. 1 is a schematic plan view of a programmable memory card for holding patient information.

[8] FIG. 2 is a diagram of my inhaler device for accommodating the respiratory characteristics of different patients.

[9] FIG. 3 is a diagram showing the adjustment of flow rates for an individual patient.

### **Description of the invention**

[10] The present invention is based on the idea to provide an inhalation device with means offering individual patient parameters

and/or aerosol parameters for the inhalation as well as means that adapt the dosage of the aerosol/s as a function of the predetermined individual patient and/or aerosol parameters. Thus, the inhalation device according to the invention may be individually adapted to the patient's capabilities.

[11] According to a first embodiment, the individual parameters are provided on a memory medium 10, for example on memory media that are available under the designations SmartCard, FlashCard or SmartLabel. The individual parameters are stored in the memory medium 10 for example upon a measurement of the current pulmonary function of the patient 20 (carried out e.g. by the family doctor). According to a first embodiment, the patient 20 then inserts this medium 10 (at home) into the inhalation device 12, whereupon the individual data are read out. Alternatively, the memory medium 10 is inserted into a separate device from which the individual parameters are transferred to the inhalation device 12. According to a further alternative embodiment, a modem 14 is provided so that the inhalation device 12 is provided with the individual parameters by the physician or the institution in charge via a data link 16 (for example a telephone line).

[12] According to a further embodiment, means for the manual data input of individual parameters are provided, e.g. by the respective keys. Alternatively, in the device 12 according to the invention, the individual parameters are adjusted via manual control units 22, e.g. potentiometers, or manual switches.

[13] Thus, the individual patient and/or aerosol parameters influence the individual dosage of the aerosol/s either manually or automatically (e.g. via a respective valve control). Since the amount of aerosol deposition in certain lung sections dependent on the particle size of the active ingredient, the tidal volume and the respiratory flow is known, the aerosol deposition in the lung can essentially be predetermined according to the present invention. The patient 20 considers the adjusted breathing maneuver agreeable since it is adapted to his/her capabilities.

[14] In a preferred embodiment, each breathing maneuver carried out by the patient 20 is stored on the memory medium 10 of the inhalation device 12 so that the administration may be controlled after a certain period of therapy.

- 5 [15] In a further preferred embodiment, the memory medium 10 is re-programmable in order to provide adapted parameters for the correct breathing maneuver if the pulmonary function of the patient 20 changes.

10 [16] Preferably, the inhalation device 12 according to the present invention prevents an overdose, for example by pre-setting an action period or an action blockage, e.g. on the memory medium 10. This prevents the activation of the inhalation device 12 by the patient 20 as long as the necessary period of time between two successive inhalations has not lapsed. Preferably, the memory medium 10 also  
15 serves for recording errors. It records for example whether the atomizer pressure deviates too much from a desired range or whether the required atomizer pressure could not be built up at all. Moreover, the memory medium 10 preferably records a possible safety cutoff when the pressure at the mouthpiece (positive pressure respiration)  
20 gets too high. In a further preferred embodiment, a too high deviation of the flow (either the atomizer flow of the aerosol or the auxiliary flow of the additional air supplied to the aerosol air or the sum of both flows) is recorded or an error message if one of the aforementioned flows for the inhalation could not be built up. Preferably, a termination  
25 of the inhalation is also recorded by the patient 20.

[17] Preferably, the designation of the drug to be inhaled is also stored on the memory medium 10.

[18] Moreover, according to a preferred embodiment, an access control for servicing is provided. Servicing software in the inhalation  
30 device 12 for is activated by means of a specific code in the memory medium 10.

[19] The inhalation device according to the invention offers the following advantages:

1. For each patient 20, an individually agreeable and optimal inhalation manoeuvre is adjusted or pre-set;
2. By pre-setting individual parameters, different substances may be applied to different desired areas of the lung;
- 5 3. The release of the active ingredient is made more reproducible;
4. The optimal dose of the active ingredient is applied to the desired section of the patient's lung.
- 10 5. By programming different breathing maneuvers, different drugs may be inhaled with one device optimally and individually adapted for each patient 20;
6. The inhalation device according to the invention may immediately be updated to new substances, new breathing maneuvers and changed respiratory flows;
- 15 7. In a memory medium 10, such as a SmartCard, breathing maneuvers in the course of a therapy may be recorded and subsequently evaluated;
8. If the patient's pulmonary function changes, the inhalation device may easily be re-set to the changed basic condition;
- 20 9. The use of a propellant is not absolutely necessary.

[20] An exemplary inhalation device that can be adapted for purposes of the present invention is disclosed in US Patent 5,161,524 to Evans, the disclosure of which is hereby incorporated by reference.

[21] According to the invention, all medicinal agents may be used  
25 which become effective either topically in the respiratory system or systemically. Suitable medicinal agents are analgesics, anti-angina agents, anti-allergic agents, antihistamines and anti-inflammatory agents, expectorants, antitussives, bronchodilators, diuretics, anticholinergics, corticoids, xanthines, oncotherapeutical agents as well  
30 as therapeutically active proteins or peptides, such as insulin and interferon.

[22] The administration of medicinal agents for treating respiratory diseases, such as asthma, as well as prophylactics and agents for treating the mucosae of the tracheobronchial system is preferred. The  
35 administration of esters of retinol and vitamin A as described in EP-A-

0 352 412 is particularly preferred. The medicinal agents may be in their free form or in form of a pharmaceutically acceptable salt or ester. A further possibility consists in embedding the medicinal agent in liposomes.

- 5 [23] The medicinal agents may be packaged with conventional, pharmaceutically acceptable excipients.